



# Emerging as The Butterfly Retreat



Are you ready to share your soul? The part of you that shines no matter what you look like – no matter how much makeup you have on or what kind of clothes you are wearing. (for the women reading this) Don't get me wrong – I used to work at Clothetime and the motto was “You only live once, wrap yourself well!”. (Obviously now with all I have learned in my life, I'm questioning the former part of that statement....). We do deserve to LOVE every thing in our lives, including the clothes we wear and the fabulous makeup women have been blessed with to continue to play as little girls. However, would you feel exposed if you did not have those security blankets? Is your self worth based on the outside beauty/appearance and not the precious inside qualities that you have within? Would you feel like a caterpillar, perhaps that is in the “ugly” phase of its life if you didn't use these things? Do you judge yourself based on your looks? Do you look in the mirror entirely too much? Do you compare yourself to others that you don't even know, thinking they are more beautiful/attractive, worthy of love, or deserving of success based on their looks?

If so, or if you just want to stretch your wings and grow so you can fly higher than before, this retreat is for you!!!!!! As most of you know, so much of what I do is shedding that stubborn ego that holds us back. This retreat will be no different. This is not for people who do not want to let go. This is not for people who aren't ready to hear some uncomfortable truths – this is for the ready, willing and open people in life. The one's that are ready to claim a new way of being. The ones that want to live in a life of freedom and joy and creation and bliss no matter what is going on in the world, or in life. Earthquakes come and earthquakes go, hurricanes come and hurricanes go – the devastation at times that is left behind can be unbearable to some, however, there ARE those buildings that are seismic-proof, there was that ONE home in an area of Texas after Ike that withstood the storm. And you can be that person. You can be the one who doesn't crack or stands up straight no matter what life hands you. You can be in charge of your reactions and embrace all of life's lessons as a gift and not resist anything that comes up in your life.

Are you ready? You deserve it. You can fly. And you can emerge into a new way of life that will create a better world. A world that is more compassionate, less concerned about being right and more concerned about being happy. A world that lets go of judgments, anger and the hurts of the past. A world that lives in the present moment with acceptance, surrender and unconditional love. You **can** “be the change you want to see in the world”. And your world will be a reflection of that change.

In times like these – we need to make a difference – in our own lives and the lives of others. Let's start a movement to let go of hate, separation and judgment. Let's start a movement to embrace differences, accept all for who they are and accept diversity and let's begin to live in unity.

Once again – are YOU ready? Limited to 6 committed attendees. If you are interested, please contact me, Kimberly Barclay to coordinate schedules for the weekend. The cost is \$555.



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